

PEACE THROUGH ACTION MEET-UPS

Action Planning for Peace

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PEACE THROUGH ACTION MEET-UPS ACTIVITY LEADER GUIDE

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Thank You for Accelerating Peace!

Thank you for bringing a group together to have a conversation to help identify what we would like to see change in our community and what we can do to bring about that change. By doing this, we're helping increase peace in our relationships and communities!

Thank you for accelerating peace by volunteering to be an activity leader for a Peace Through Action meet-up!

Peace Through Action Meet-Ups Purpose

In this meet-up, you'll guide a group conversation that helps participants:

- Reflect on what they care about in their community.
- Connect their values to causes they want to support.
- Understand what motivates them to take action.
- Create a simple, personalized plan to engage in peacebuilding.

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The meet-up is especially useful for:

- People exploring how they can make a difference in their community.
- Emerging changemakers looking for direction and encouragement.

By the end of the meet-up, participants will be able to:

- Identify a cause they care about.
- Recognize their dominant social motivator (what drives them to act).
- Draft a personal peacebuilding action step they can begin right away.

How to Use This Guide

This guide is designed to be **turnkey**. That means:

- **Scripted sections** are written out word-for-word. You can read them exactly as written or put the content in your own voice.
- **Leader notes** (in italics) give you quick directions for what to do.
- You'll see numbered section breaks (Opening, Centering, Agenda, Lesson, etc.).
- The whole flow takes about 90 minutes.
- If participants request accessibility accommodations (e.g., reading aloud, extra time, mobility seating), please offer flexibility and support where possible.

Remember: you guide a shared experience. You don't need to teach, persuade, or perform. No expert knowledge is required. You're in the conversation with everyone else, simply reading the instructions and keeping the group moving and on topic.

Resources You'll Need

You will find everything at the Meet-Ups webpage and the Peace Accelerators Activity Leader Package webpage.

We group these resources into four categories so you can easily see what you and your meet-up participants will use during the session and what's simply available as support.

1. **Resources You Must Have for the Meet-Up:**
   - **Activity Leader Guide**—your script and facilitation steps. It's available in two versions: a printable, this printable full-script version and a digital version you can open on a device (tablet, smart phone, or laptop) and read or follow.
   - **Participant Worksheet**—participants use it to make notes on their causes & values, complete a social motivators quiz, and write the script for a query they will enter into ChatGPT. It's available in two versions: a digital version for participants to make notes that can be saved and copied and pasted into ChatGPT, and a paper form for participants who do not have access to or bring a digital device. Make a few copies of the paper form for participants without technology.
   - **Digital Device** and **Internet Connection**—This activity includes an online search step (a query in the ChatGPT AI chatbot). You will want a digital device and

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Thank you again for participating in the Peace Through Action Meet-Up session on [date]. I'm reaching out with a friendly check-in about the peace solution you developed during our time together.

Is there one small step you feel ready to take this week? Even small actions can make a difference.

If you'd like to share how it's going, I'd be glad to hear from you.

Thank you for contributing to peace in your relationships and communities.

With appreciation,
[Your Name]
Meet-Ups Activity Leader volunteer
Peace Through Action® USA

Conversation Structure

The guided conversation has eight sections. Each section has a script for you to read, plus some optional directions.

1. Opening – greet and introduce
2. Centering Activity and Group Guidelines – get focused and set group agreements
3. Agenda – overview of what's ahead
4. Guided Conversation: Causes and Values Check-In – reflect on causes and values
5. Guided Practice: McClelland's Social Motivators – explore social motivators
6. Applied Practice: Personal Action Planning – plan an action step
7. Reflection – pause and capture takeaways
8. Feedback & Closing – close with next steps

This agenda is designed to take 90 minutes in total. If time is running short, feel free to adjust durations of each section to fit your group's pace — for example, shorten the quiz discussion or streamline reflections.

THE MEET-UP SCRIPT BEGINS ON THE NEXT PAGE

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5. Guided Practice: McClelland's Social Motivators (20 Minutes)

A. Purpose:

"Now we'll explore what motivates us to take action. Each of us has different reasons why we get involved, and understanding our motivator can help us find the best fit for peacebuilding work."

B. Introduce the Framework (3 minutes)

"We'll use a simple framework called McClelland's Social Motivators. It describes three main motivators that often drive people. Most of us have a mix of these, but usually one is strongest for us at this point in our lives."

- **Achievers** – Motivated by goals, challenge, and accomplishment. They like solving problems, setting goals, and taking responsibility.
- **Affiliators** – Motivated by belonging and connection. They enjoy working with others, building harmony, and being part of a team.
- **Influencers** – Motivated by impact and leadership. They like guiding others, speaking up, and shaping change.

"There's no right or wrong motivator. This is just about noticing what gives you energy."

C. The Quiz (about 7 minutes)

(Hand out the quiz sheets. Help participants as needed):

Take a few minutes to complete the quiz. There are 11 sets of statements, each with three choices. In each set, choose the statement that best describes you and mark your answer. There are no right or wrong answers. This is just for your own self-understanding.

(Pause while participants complete the quiz. Then say):

Now let's score it. Count how many 1s, how many 2s, and how many 3s you selected. Whichever number you chose the most is your dominant social motivator.

(Then read the meanings):

- **Mostly 1s – The Achiever:**
  You're driven by goals, results, and a sense of accomplishment. You like clear outcomes and personal growth.

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- **Mostly 2s – The Affiliator:**
  You're motivated by connection and belonging. You care about relationships, teamwork, and being liked.
- **Mostly 3s – The Influencer:**
  You're energized by leadership and making an impact. You enjoy guiding others and having a voice in decisions.

  There's no right or wrong answer, and most people are a mix of all three. This is just to give you insight into what tends to motivate you most right now.

D. Reflection (3 minutes)

"Take a moment to think about your result. Write down your dominant motivator and one sentence about why it fits you."

(Give 2 minutes of quiet reflection.)

"Now turn to someone near you and share your motivator and how you see it showing up in your life. Each of you has about two minutes. I'll let you know when it's time to switch."

(Let pairs share. After 4 minutes, call time and regroup.)

"Would anyone like to share their motivator with the larger group? What did you notice as you reflected?"

(Take 2–3 responses. Affirm what's shared.)

6. Applied Practice: Personal Action Planning (20 Minutes)

A. Purpose

"Now that we've named the causes we care about and the motivators that drive us, let's bring it all together. In this part, you'll create a simple action step for yourself - something real you can do to build peace in your community.

This meet-up uses ChatGPT as a brainstorming tool to help generate ideas. You will provide the input and ChatGPT offers options to consider. Then you can decide which ideas feel right for you."

B. Introduce the Prompt (2 minutes)

"On your handout you'll see a fill-in-the-blank prompt you can use to generate ideas for taking action. If you have a smartphone or device,

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we'll invite you to visit ChatGPT.com and enter your answers into it. You'll get customized suggestions in return."

(Read aloud slowly):

"Hi, I care about (CAUSE) because I have (VALUES). My dominant McClelland Social Motivator is (MOTIVATOR). I live in (CITY, STATE).

Can you suggest actions I can take on this cause, please?:

1. **Give me a range of ideas, starting with a daily micro-action and building bigger.**
2. **Rank and score them.**
3. **Explain why each action fits with the social motivator.**

Please avoid extreme, unrealistic, or high-pressure suggestions."

C. Instructions (8 minutes)

"If you have a smartphone or device, visit ChatGPT.com and type your answers into the prompt."

- If you don't have a device, feel free to pair up with someone who does.
- If you can't access ChatGPT, you can still complete the action steps using the reflection prompts.
- **Save your response!** You can email it to yourself or take a screenshot so you have it for later.

(If possible, have a backup notepad or device available for anyone without a phone).

D. Think-Pair-Share (10 minutes)

Solo Reflection (2 minutes):
"Take a few minutes to review your ideas - either the ones you generated from ChatGPT or the ones you wrote.
Is there a specific idea or recommendation you're excited about? One that feels possible this week?"

Partner Sharing (5 minutes total):
"Now turn to a partner. Each of you will have about two minutes to share. You can read your response aloud or just talk through your ideas – whatever's easiest."
(I'll let you know when to switch.)

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