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OUR PROGRAMS

Introduction

Peace Through Action® USA inspires and equips everyday people to increase safety, belonging, and peace in their relationships and communities by cultivating their compassion and increasing their constructive communication and conflict resolution skills.

We accomplish our mission by producing events and resources for exploring civic and social concerns, sharing examples of inspiring community peacebuilders, encouraging spiritual self-care and anchoring, teaching practical peace skills, supporting personal and small group action planning for peace, bolstering community peacebuilding efforts, and advocating for a socially just society.

We implement these actions through our programs and activities.

Peace Accelerators Program—equip people to create peace in their relationships and communities through peer-to-peer peace skills-building, action planning for peace, and resources and services discovery.

- Peace Through Action Meet-Ups—structured action planning and social well-being resources and services discovery gatherings of small groups where participants make action plans to increase peace in their relationships and communities.
- Peace Through Action Planning Adventures—structured action planning and social
 well-being resources and services discovery opportunity for individuals to make a
 personal commitment to peace in their relationships and communities.
- Practical Peace Solutions Sessions—workshops that demonstrate real-world application of constructive communication and conflict resolution skills. Participants learn core techniques and then practice them through structured role-plays and scenario-based learning.
- Essential Peace Skills Trainings—intensive courses in core communication and conflict resolution skills that people can apply across social contexts. Participants learn skills, practice them in realistic scenarios, and debrief their experiences.

Peace Advisors Program—matches skills-based peacebuilding volunteers with groups and organizations in communities experiencing social distress.

Peace Agents Program—provides compensated servant leaders to geographic communities to bolster their capacity to deliver peacebuilding activities.

 Community Peace Projects—collective impact alliances through which community members, guided by a Peace Through Action servant leader, select, organize, and deliver peacebuilding activities in their geographic areas.

Peace Explorers Program—provides opportunities for people to learn about diverse populations, current events affecting social distress, forms of aggression and violence, and types of peace practices.

- Peace Through Action Events—virtual gatherings of adults to learn about civic and social topics with a focus on peace. Using delivery methods of subject expert lecture, skills training, film discussion, artistic presentation, reflection, and experiential activities, participants gain knowledge on compassionate living, peace practices, and social justice concerns.
- Do Something About Violence Series—webpages and information sheets on social distress subjects.
- Choose Peace Practices Series—webpages and information sheets on peace practices types.

Peace Promoters Program—provides opportunities for people to encourage peaceful behavior and reject aggression and violence.

• Featured Peacebuilders—interviews with ordinary people doing extraordinary things to increase peace in their communities.

Peace Uplifters Program—provides opportunities for people with faith beliefs or healing capabilities to direct prayer, meditation, energy, and support toward the achievement of interpersonal peace.

- Prayer for Peace Through Action
- Meditation on Peace Through Action

Peaceful Youth Leaders Program—cultivates servant leadership skills, nurtures social and emotional growth, and fosters civic engagement with an emphasis on peace among youth.

Public Policy—advocates for public policies, programs, and resources to prevent crime, violence, and victimization and promote safety, belonging, and peace.

<u>Peace Through Action® USA</u> inspires and equips everyday people to increase safety, belonging, and peace in their relationships and communities by cultivating their compassion and increasing their constructive communication and conflict resolution skills. Join us in doing something for peace through our <u>website</u>, <u>email</u>, and <u>social media</u>. We request your <u>gift of money</u> at your choice of amount to support our mission work.

