



PO Box 73466
Washington DC 20056-3466
202-827-5967
inbox@peacethroughaction.org
peacethroughaction.org
@peaceactusa #PeaceBeginsWithWe

PEACE EXPLORERS PROGRAM

Peace Through Action's **Peace Explorers** program is our primary way for everyday people to explore civic and social concerns affecting peace. Our Peace Explorers events and resources provide opportunities to learn about diverse populations, current events affecting social distress, forms of aggression and violence, and types of peace practices.

Peace Explorers Activities

- **Peace Through Action Events**—virtual gatherings of adults to learn about civic and social topics with a focus on peace. Using delivery methods of subject expert lecture, skills training, film discussion, artistic presentation, reflection, and experiential activities, participants gain knowledge on compassionate living, peace practices, and social justice concerns. <https://peacethroughaction.org/events>
- **Do Something About Social Distress Series**—webpages and information sheets on social distress subjects. <https://peacethroughaction.org/dosomethingseries>
- **Choose Peace Practices Series**—webpages and information sheets on peace practices types. <https://peacethroughaction.org/chooseseries>

Our Peace Explorers

Anyone wanting to know more about social distress and what they can do about it can be a peace explorer! Our peace explorers resources and events are set up for everyday people, not subject experts. Becoming a peace explorer with Peace Through Action is a low-expectation commitment – as easy as attending one virtual event or reading one subject in our explorers' series. All we ask of our peace explorers is that they do something with the new knowledge they have gained.

Our Call to Action—Do Something to Increase Peace!

- **Attend** a virtual event for exploring civic and social concerns.
- **Learn** about various forms of social distress and practical peace solutions.
- **Promote** peaceful communication within your networks and in the public square.
- **Uplift** your hope and optimism for increased peace through prayer & meditation.
- **Volunteer** to host an action planning meet-up or peace skills session with peers.
- **Start** a community peace project in your neighborhood, town, or city.

Peace Through Action® USA inspires and equips everyday people to increase safety, belonging, and peace in their relationships and communities by cultivating their compassion and increasing their constructive communication and conflict resolution skills. Join us in doing something for peace through our [website](#), [email](#), and [social media](#). We request your [gift of money](#) at your choice of amount to support our mission work.