

Be Peace. Choose Peace. Create Peace.

LEARN MORE ABOUT ELDER ABUSE

What is elder abuse?

Elder abuse is an intentional act, or failure to act, by a caregiver or another person in a relationship involving an expectation of trust that causes or creates a risk of harm to an older adult defined as 60 years and older. Forms of elder abuse include: physical abuse, sexual abuse, psychological abuse, financial abuse, neglect, and exploitation.¹

How widespread is elder abuse in the United States?

- It is estimated that 1 in 10 people over the age of 60 are abused each year.
- Some estimates indicate that there may be as many as 5 million elder abuse cases a year.
- Only 1 in 24 of abuse instances are estimated to be reported.
- Adults with mental impairments such as dementia and adults with disabilities are much more likely to be victims of abuse.²

What culture changes and public policies are necessary for preventing elder abuse?

Creating opportunities for our seniors to contribute to society in a meaningful way is key toward creating an environment of respect. One exciting opportunity is for daycares and nursing care facilities to co-exist, giving opportunity to elders to contribute to the growth and development of children and also ensuring that children are exposed to positive interactions with their elders from an early age. Elder abuse also occurs most often when the abuser has a low socioeconomic standing. The issues surrounding the Unites States economic system are complex but it is worth noting that most crime occurs when individuals are under tough financial circumstances.³

What practical solutions are effective for preventing elder abuse?

Education for the community, especially seniors and healthcare professionals on what to look for in terms of elder abuse is paramount. Seniors can also take steps to protecting themselves from abuse such as: keeping their health, stay active in the community, and handling their own money and affairs with the help of a trusted professional.

What can I do to prevent or stop elder abuse?

 Education—Educate your friends and family about elder abuse and cultural stigma around seniors.

¹ "Violence Prevention." *Centers for Disease Control and Prevention*, Centers for Disease Control and Prevention, 8 June 2017, www.cdc.gov/violenceprevention/elderabuse/definitions.html.

² Elder Abuse Statistics & Facts | Elder Justice. (2017, August 08). Retrieved September 24, 2017, from https://www.ncoa.org/public-policy-action/elder-justice/elder-abuse-facts/

³ (n.d.). Retrieved September 24, 2017, from http://www.apa.org/pi/aging/resources/guides/elderabuse.aspx



- Reporting abuse—If you or someone you know needs to report elder abuse you can contact
 the National Adult Protective Services Association here: http://www.napsa-now.org/get-help/help-in-your-area/
- In case of emergency—If you are experiencing or witnessing an emergency, call 911 or try to get to a location where others can observe your distress and intervene.

Where can I find statistics about elder abuse?

- For national-level statistics about elder abuse, go to https://www.ncoa.org/public-policy-action/elder-justice/elder-abuse-facts/
- For state and sub-state level statistics about elder abuse, go to http://www.napsa-now.org/

Where else might I go to learn more about elder abuse?

- <u>National Council on Aging</u> is an agency that provides information and resources regarding healthy aging
- <u>National Center on Elder Abuse</u> is a government agency that advocates for seniors and provides education and prevention plans against abuse
- <u>National Adult Protective Services Association</u> is a reporting agency which provides help and first response help in non-emergent abuse cases
- <u>Eldercare Locator</u> is an organization that connects caregivers and seniors with information and providers in their location
- Annuity.org shares these resources on <u>what financial abuse is</u> and how elders can <u>avoid scams</u> and other forms of financial abuse

About Peace Through Action USA

Peace Through Action USA energizes volunteers and servant leaders to activate Americans to reject aggression and violence and equip them with practical solutions to establish peace between people and groups where we live, learn, work, play, and pray. We are a national-scope, charitable, social capital-building organization. Learn more at www.PeaceThroughAction.org.

Have a suggested addition to this information sheet? Send it to inbox@peacethroughaction.org. If you found this information beneficial, <u>please give</u> a gift of money to support our creation and maintenance of similar resources.