



Be Peace. Choose Peace. Create Peace.

Signs of Peace Through Action

December 2022

[There's Still Time](#) to Give Your Gift for Peace this Giving Season!

Give Online [HERE](#) | Other Giving Methods [Here](#)

Peace Through Action USA extends our gratitude to those who have already responded to our 2022 gift appeal and made first-time or renewal donations. This includes Carol and Judy in the District of Columbia; Mary and Sara in Indiana; Jessica, Kelly, and Sher in Maryland; Marilyn in Missouri; Danielle in Oklahoma, Virginia in Virginia, and Sarah in West Virginia. **Please join these gift givers!**

There's still time for you to [give a gift of money for peace](#) before year-end. Please make a contribution to Peace Through Action so that we can continue in 2023 our online learning [events](#) on subjects such as civic dialogues, nonviolent communication, and transformative listening; [book discussions](#) on topics including compassion and social cohesion; and demonstration of our [community peace project](#) model program in Calvert County, Maryland.

We welcome your gift, at whatever amount comfortable for you, [online](#) or through [other methods](#).

May you be well, happy, and at peace this season of giving... and season of peace.

[Peace Through Action Event | Meeting Others: Volunteering to Foster Peace | Thursday, January 12, 2023, 7:00 pm – 8:00 pm ET | Virtual Event | Register Here](#)

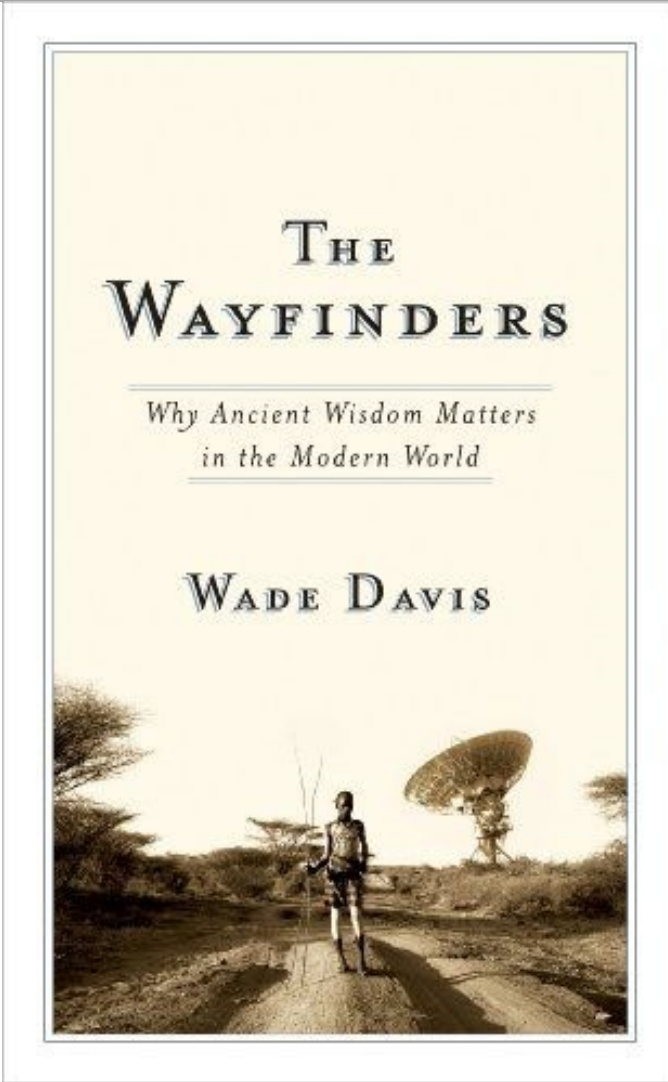


Meeting Others: Volunteering to Foster Peace will explore the instrumental role of volunteering in sustaining peaceful communities. This event on Thursday, January 12, 2023, 7:00 pm ET is timed to coincide with the upcoming Martin Luther King, Jr. holiday, the only federal holiday recognized as a [National Day of Service](#).

Enhanced by remarks from a professional with volunteer management experience, this interactive discussion will review the impact of volunteering on community relationships, share resources for local service, and survey a broad range of strategies for strengthening peace through volunteer activities. Participants will learn methods to build and maintain a culture of peace by working together on a common cause. This session presents volunteerism as a vital peacebuilding practice for the ongoing promotion of harmony, order, and justice. After attending this event, participants will enrich their understanding of volunteerism's contribution to the development of resilient social connections, inclusive institutions, and a better future for all.

Register for this event [here](#).

Peaceful Readers Book Club | *The Wayfinders: Why Ancient Wisdom Matters in the Modern World* | Monday, January 30, and Monday, February 27, 2023, 7:00 pm – 8:00 pm ET | Virtual Event | [Register Here](#)



Peace Through Action’s Peaceful Readers Book Club will read and discuss *The Wayfinders: Why Ancient Wisdom Matters in the Modern World* in January-February 2023. The club will meet online Monday, January 30 and Monday, February 27, 2023, 7:00 pm – 8:00 pm ET. **We welcome new club members. New members can register for the book club [here](#).**

Cultural diversity and social cohesion elementally shape the moral and ethical foundations of peacebuilding in the 21st century. *The Wayfinders* will deepen our appreciation for cultures and traditions that differ from one’s own with a focus on peace, tolerance, and gratitude. Readers will explore the kaleidoscopic marvel of cultural expressions and human genius that spans across the globe. This book posits that every culture is a unique answer to a fundamental question: What does it mean to be human and alive?

Choose Compassion | Step 12—Love Your Enemies

Twelve Steps to a Compassionate Life

Step 1 Learn About Compassion	Step 7 How Little We Know
Step 2 Look at Your Own World	Step 8 How Should We Speak to One Another?
Step 3 Compassion for Yourself	Step 9 Concern for Everybody
Step 4 Empathy	Step 10 Knowledge
Step 5 Mindfulness	Step 11 Recognition
Step 6 Action	Step 12 Love Your Enemies

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Our Peaceful Readers book club completed their discussion of Karen Armstrong’s *Twelve Steps to a Compassionate Life* this past January. Armstrong sets out a twelve-step program that can lead each of us toward a more compassionate life.

We aim to present a very abbreviated step each month through December 2022. We encourage you to take the actions Armstrong suggests. You can rely on our briefest of “Cliff’s Notes,” or you might want to obtain a copy of *Twelve Steps to a Compassionate Life* through loan from your public library or through a bookstore.

Step 12—Love Your Enemies. Armstrong invites us to appreciate the wisdom of restraint toward and disarmament of the enemy. Suggestions for doing so include 1) reading chapter 12 of the book; 2) acknowledging your hatred of the enemy; 3) reflecting on the importance of distinguishing individuals you hate from their hate-preaching leaders and unjust systems in which they find themselves; 4) considering your own flaws or those of your group; and 5) trying to wish for your enemy’s well-being and happiness and developing a sense of responsibility for your enemy’s pain.

Next Month(s)...Work at all twelve steps to a compassionate life continuously for the rest of your life.

Do Something Right Away to Increase Peace

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