



**Be Peace. Choose Peace. Create Peace.**

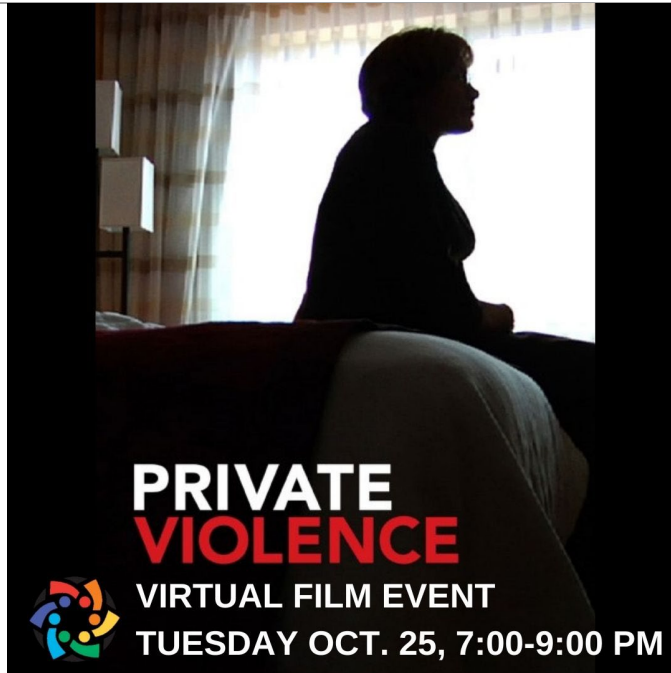
## Signs of Peace Through Action

October 2022

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Peace Through Action Event | *Private Violence* Film and Discussion | Tuesday, October 25, 2022, 7:00 pm – 9:00 pm ET | Virtual Event | Register [HERE](#)

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Peace Through Action USA invites you to join us for a virtual screening and discussion of [Private Violence](#) on Tuesday, October 25, 7:00 pm-9:00 pm Eastern Time. Register for this free virtual event [HERE](#).

We are holding this event in observance of National Domestic Violence Awareness Month, which is recognized each October.

Private Violence asks poignant questions that hold the potential to change our society: “Why does he abuse?”; “Why do we turn away?”; “How do we begin to build a future without domestic violence?”

Enriched by reflections from a professional working in the field, our Peace Through Action event seeks to answer these questions with a focus on identifying local resources and strategies for community action.

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**We Went to a County Fair!**

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We are pleased to report that we presented our first exhibit! Where? At the Calvert County (Maryland) Fair.

The [Calvert Peace Project](#) is the demonstration site of our [Peace Agents program](#), in which we supply compensated servant leaders—peace agents—to U.S. communities seeking greater interpersonal peace. The peace agents provide a range of peacebuilding and capacity-building services to their communities.

Our Calvert peace agent, [Mary Bonney](#), and community volunteers represented us throughout the multi-day fair. They introduced county residents to the project and invited them to take a needs assessment survey, sign up for our communications, join our [Peaceful Readers Book Club](#), and other actions.

We commend Mary for ensuring rapid production of the banners and signs, print materials, and give-away items which allowed us to show up in the fair’s commercial exhibit hall with a highly professional (and colorful) presentation.

We are now ready to exhibit elsewhere, not only in Calvert County, but nationally (should the opportunity arise) as we used this moment to produce a companion exhibit for Peace Through Action USA.

## Choose Compassion | Step 10—Knowledge

**Twelve Steps to a Compassionate Life**

- Step 1 Learn About Compassion
- Step 2 Look at Your Own World
- Step 3 Compassion for Yourself
- Step 4 Empathy
- Step 5 Mindfulness
- Step 6 Action
- Step 7 How Little We Know
- Step 8 How Should We Speak to One Another?
- Step 9 Concern for Everybody
- Step 10 Knowledge
- Step 11 Recognition
- Step 12 Love Your Enemies

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Our Peaceful Readers book club completed their discussion of Karen Armstrong's [\*Twelve Steps to a Compassionate Life\*](#) this past January. Armstrong sets out a twelve-step program that can lead each of us toward a more compassionate life.

We aim to present a very abbreviated step each month through December 2022. We encourage you to take the actions Armstrong suggests. You can rely on our briefest of “Cliff’s Notes,” or you might want to obtain a copy of *Twelve Steps to a Compassionate Life* through loan from your public library or through a bookstore.

**Step 10—Knowledge.** Armstrong invites us to develop wider knowledge and understanding of our neighbors. Suggestions for doing so include 1) reading chapter 10 of the book; 2) choosing a community, country, religious group, or other geopolitical or social entity other than our own and studying it to appreciate its complexity and character; and 3) investigating the more sensitive issues associated with the subject of our study.

Next Month ... Recognition.

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## Do Something Right Away to Increase Peace

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