



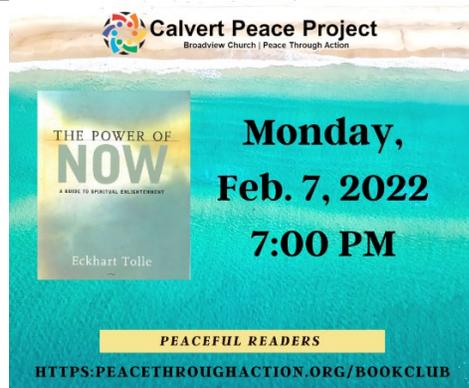
Be Peace. Choose Peace. Create Peace.

Signs of Peace Through Action

January 2022

Peaceful Readers Book Club | *The Power of Now* by Eckhart Tolle

Monday, February 7, 2022 and Monday March 7, 2022, Virtual Zoom Meeting | Register [Here](#)



Peace Through Action’s Peaceful Readers Book Club will be reading and discussing *The Power of Now* by Eckhart Tolle this coming February 7 and March 7. Get your *The Power of Now* book today by loan through your public library or by purchase wherever you buy books.

Please join us! If you feel you won’t have time to read the first half of the book by February 7, don’t let that deter your participation. Sign up anyway; we will gladly welcome you into the club and you can catch up for March or start a new book with us in April.

Register [Here](#)

Do Something About Human Trafficking



January includes the annual observance of [National Slavery and Human Trafficking Prevention Month](#). Yes indeed, trafficking of people is not just modern-day slavery inflicted upon people overseas, it is exploitation happening here at home too!

And we—including YOU—can do something about it. Learn how by visiting our just-released [Do Something about Human Trafficking](#) information page.

Choose Compassion | Step 1—Learn About Compassion



Our Peaceful Readers book club completed their reading and discussion of Karen Armstrong's [Twelve Steps to a Compassionate Life](#) this past January. Armstrong sets out a twelve-step program that can lead each of us toward a more compassionate life.

Several book club members have made a commitment to follow the twelve steps. Which led us to thinking – how about we invite our supporters to follow the steps too!

With that intention, we aim to present a very abbreviated step each month for the next twelve. We encourage you to take the actions Armstrong suggests. You can rely on our briefest of “Cliff’s Notes,” or you might want to obtain a copy of *Twelve Steps to a Compassionate Life* through loan from your public library or by purchase wherever you buy books.

Step 1—Learn About Compassion. Armstrong invites us to first learn about the subject. Suggestions for doing so include 1) reading chapter 1 of the book; 2) reading materials on the [Charter for Compassion](#) website; and 3) exploring how your own faith or secular tradition, or those of others, teaches about compassion. You could do this by finding the “compassion instructions” in your tradition’s sacred texts, or by entering into a conversation about compassion with a minister or lay person peer.

Next Month... Look at Your Own World.

Do Something Right Away to Increase Peace

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